

The Relevant Trig Identities

$$\cos^2\theta = 1 - \sin^2\theta$$

$$\sec^2\theta = 1 + \tan^2\theta$$

$$\tan^2\theta = \sec^2\theta - 1$$

The Substitutions

$$\int \sqrt{a^2 - u^2}$$

Substitution: let $u = a \sin \theta$

Result: $\sqrt{a^2 - u^2}$ becomes $a \cos \theta$

$$\int \sqrt{a^2 + u^2}$$

Substitution: let $u = a \tan \theta$

Result: $\sqrt{a^2 + u^2}$ becomes $a \sec \theta$

$$\int \sqrt{u^2 - a^2}$$

Substitution: let $u = a \sec \theta$

Result: $\sqrt{u^2 - a^2}$ becomes: $a \tan \theta$ for $u > a$

$-a \tan \theta$ for $u < -a$