

Basics

Angular velocity	$\omega = \text{radn/sec}$	
Angular acceleration	$\alpha = \Delta\omega/\Delta t = \tau / I$	← I - moment of inertia
	$\alpha = d\omega/dt$	← <i>i.e.</i> , the derivative of ω over time
Tangential velocity	$v_t = r\omega$	
Tangential acceleration	$a_t = r\alpha$	
Angle traversed in time t	$\theta = \frac{1}{2}at^2$	

Moment of Inertia, I , and Angular Momentum, L

Equivalent of linear motion's inertia; think of it as "rotational inertia."

Body rotating about axis:	$I = mr^2$	
Composite systems	$I_{\text{total}} = \sum m_i r_i^2$	
	$I = \int r^2 dm$	
Parallel Axis Theorem	$I = I_{\text{cm}} + md^2$	I_{cm} : I at center of mass; d : dist. from cm → pivot pt.
Angular momentum	$L = I\omega$	
Kinetic energy of rotation	$\text{KE} = \frac{1}{2}L\omega = \frac{1}{2}I\omega^2$	

Ball Hitting a Rod...

When a ball hits a rod (or vice versa), treat the ball as though it has angular momentum about the axis of the rod.

Torque, τ , Work, W

Torque is the force causing the angular motion. It is positive if counterclockwise.

Torque	$\tau = rF_{\perp}$	← F_{\perp} is the force component \perp to the lever arm
	$\tau = rF\sin\theta$	← r : lever arm; F : force; θ : angle from r to F
	$\tau = I\alpha$	
	$I\alpha = rF_{\perp}$	← I seem to use this one a lot
	$\tau = \frac{dL}{dx}$	
Work	$W = \tau\Delta\theta$	← Rotational version of $W = \text{force} \times \text{distance}$

Miscellaneous

Centripetal force	$F_c = \frac{mv^2}{r}$
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